

How to pray the Mission Rosary

What is the Mission Rosary?

The Mission Rosary was created in 1951 by the Venerable Archbishop Fulton Sheen who was the National Director of Missio (Pontifical Mission Societies) in the United States. He saw the need to pray for the whole world, especially for those living in poverty. Each colour-coded decade of the Rosary represents a continent where the Church continues her mission.

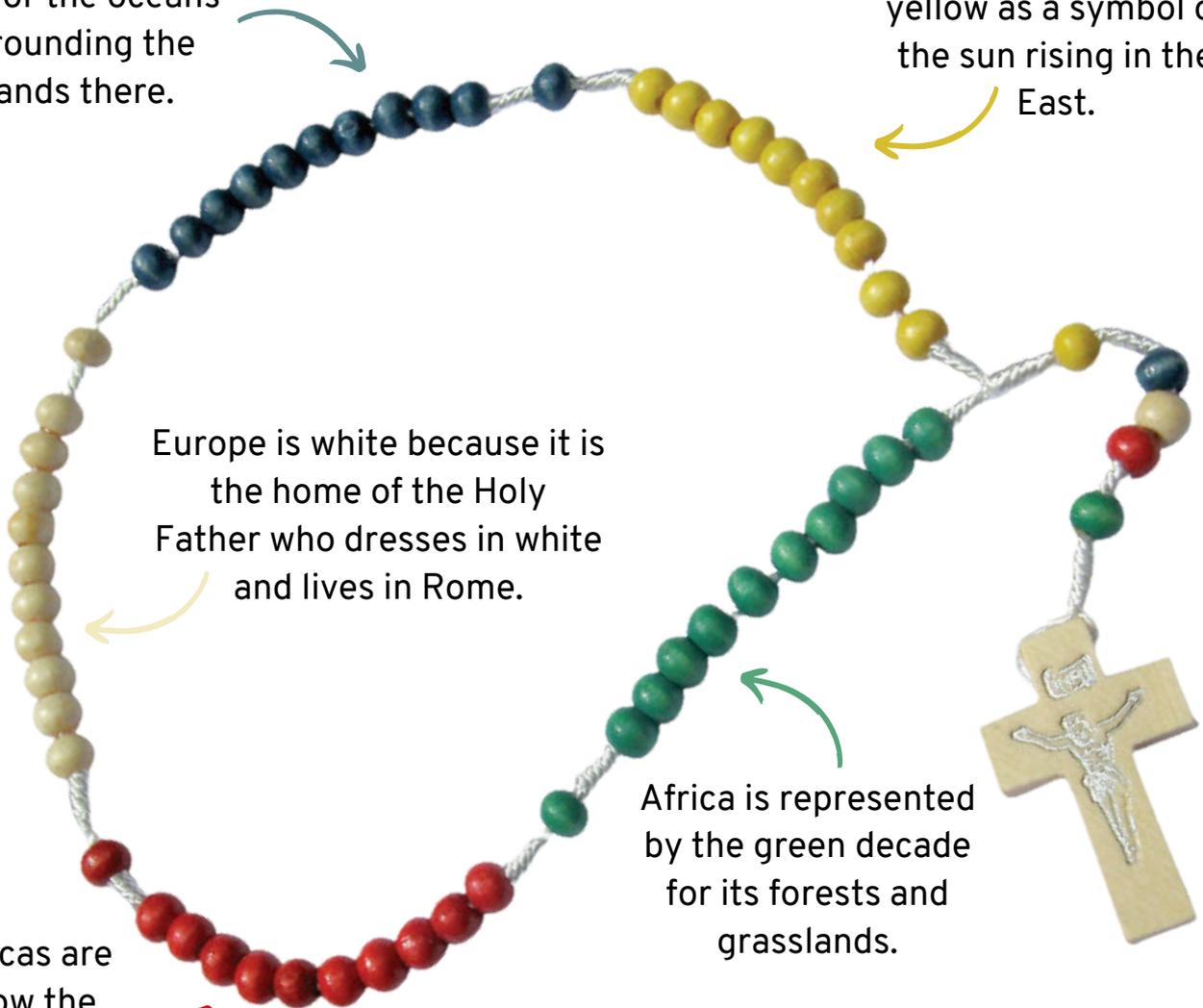
Oceania is shown in blue for the oceans surrounding the islands there.

Asia is portrayed in yellow as a symbol of the sun rising in the East.

Europe is white because it is the home of the Holy Father who dresses in white and lives in Rome.

Africa is represented by the green decade for its forests and grasslands.

The Americas are red to show the fire of faith.



Archbishop Sheen said, 'When the Rosary is completed, one has embraced all continents, all people in prayer'. The Prayer unites us with our brothers and sisters whom we have never met, and who are praying for us too, in an exchange of love and friendship.

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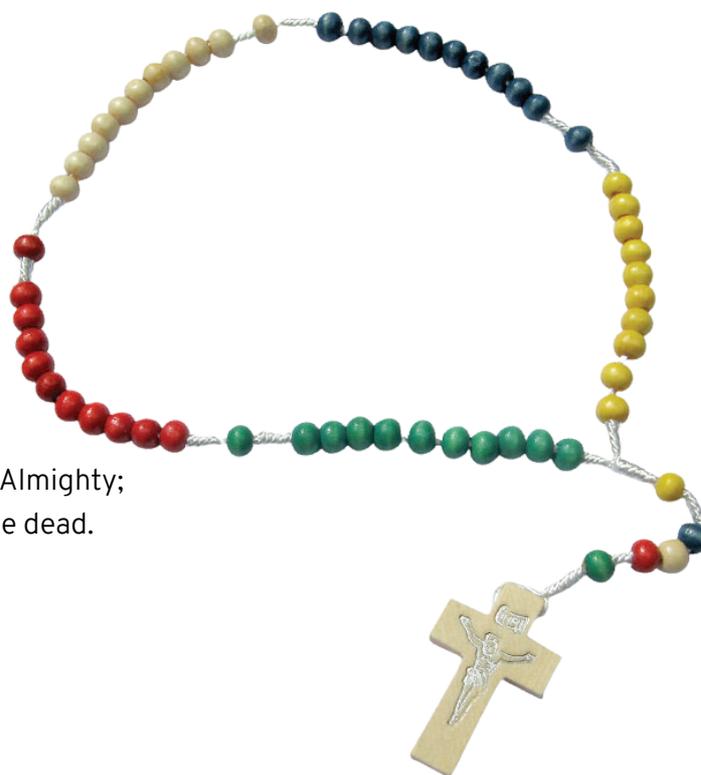
The Prayers of the Rosary

Our Father: Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. AMEN.

Hail Mary: Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. AMEN

Glory be: Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. AMEN

Apostles Creed (optional): I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father Almighty;
from there He will come to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. AMEN



Hail, Holy Queen, Mother of Mercy, our Life, our Sweetness, and our Hope. To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious Advocate, Thine Eyes of Mercy toward us, and after this our exile show unto us the Blessed Fruit of thy Womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

Pray for us O Holy Mother of God
That we may be made worthy of the promises of Christ.

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Praying with the Rosary

1. Hold the Crucifix and make the Sign of the Cross.

2. Recite the Creed (Optional).

3. Hold the first bead (green) and say the *Our Father*.

4. On each of the next three beads (red, white, blue) say one *Hail Mary*.

5. On the next bead (yellow) say the *Glory Be*.

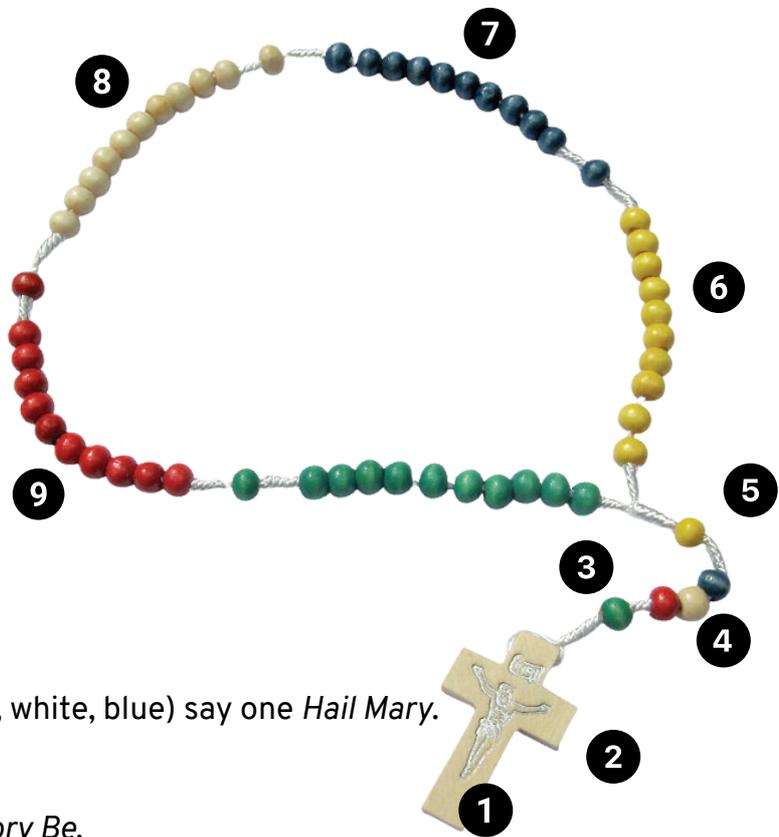
6. You can now start the first decade of the Rosary (yellow) for missionaries in Asia. Remain on the single yellow bead (5) and say the *Our Father* followed by ten *Hail Marys* on the ten yellow beads (6). Finish with a *Glory Be* on the single bead (blue) that comes after the group of ten yellow beads.

7. Start the second decade (blue) for missionaries in Oceania. Staying on the single blue bead, say the *Our Father*, followed by ten *Hail Marys* on the ten blue beads. Finish the decade with a *Glory be* on the single white bead.

8. Start the Third Mystery, for Europe. Still on the single white bead, say the *Our Father* followed by ten *Hail Marys* on the white beads. Finish the decade with a *Glory be* on the single red bead.

9. Continue in the same way for the Americas (ten red beads) and Africa (ten green beads), ending with the last *Glory be* on the single yellow bead.

10. (Optional) Conclude by praying the *Hail Holy Queen*.



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The Prayers of the Mission Rosary

“Jesus appeared to the eleven. He said to them, “Go throughout the whole world and preach the Gospel to all people”.’

We pray for the people of Asia: that they may respect one another’s beliefs, find God in every person, and live together in peace. May the Church act so that all people are treated fairly and the poor and marginalised feel cherished and valued.

Asia

‘When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, “Woman, here is your son”. Then he said to the disciple, “Here is your mother”. And from that hour the disciple took her into his own home.’

We pray for the people of Oceania: that they find comfort in knowing that they are remembered and loved. May the Church demonstrate the loving compassion of Mary, our Mother, and bring consolation to all those who live in remote areas, who feel isolated or lonely.

Oceania

‘Simon Peter said, “You are the Christ, the Son of the living God”. Jesus replied, “Blessed are you, Simon Bar-Jona! Flesh and blood has not revealed this to you, but my Father in heaven. You are Peter and on this rock I will build my Church”.’

We pray for the people of Europe: that all those who are discouraged, anxious, sick or grieving, find acceptance and comfort in the warm embrace of the Church. May the Pope, our bishops, priests and religious, be joyful witnesses to the hope and peace they find in a life lived in Christ.

Europe

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Americas

‘An angel of the Lord appeared to Joseph in a dream and said, “Get up, take the child and his mother, and flee to Egypt...”. They went to Egypt by night and remained there until the death of Herod.’

We pray for the people of Africa: that those who are oppressed, persecuted, and live in fear may be safe and feel the comfort of God’s presence. May the Church heal wounds, build bridges, and bring the hope, love, and peace of Christ to all those who suffer.

Africa

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